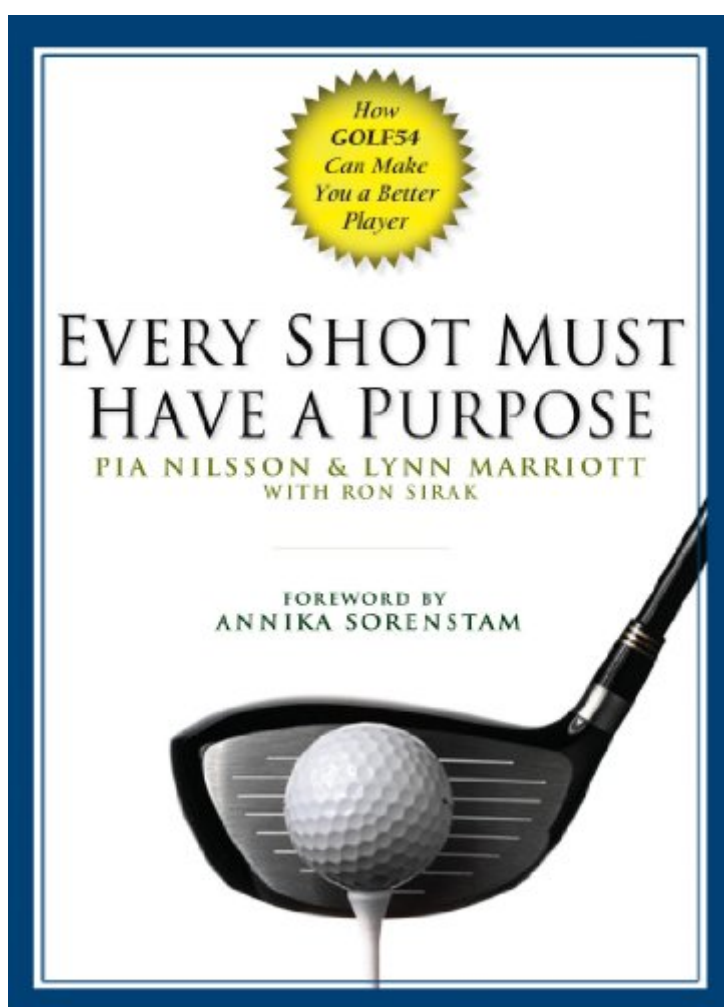


The book was found

Every Shot Must Have A Purpose: How GOLF54 Can Make You A Better Player



Synopsis

Two legendary coaches give golfers a powerful new approach to the game... and to life. As coaches to some of golf's top players, Pia Nilsson and Lynn Marriott have designed and refined a revolutionary way of teaching the game, with phenomenal results. They don't believe in prescribing the same stance, grip, and swing to everyone, followed by hours of purposeless drilling. They don't even believe in beginning with physical technique. Their success has proven to them that a great game begins with a great vision. Unlike any other golf book, *Every Shot Must Have a Purpose* offers cutting-edge techniques for integrating the physical, technical, mental, emotional, and social parts of a player's game. The book's revolutionary pre-shot routine will improve your focus, leading to a golf swing that is not only successful but can be repeated under extreme pressure. Emphasizing the individual golfer rather than a rigid set of mechanics, their VISION54 method takes the frustration out of the game. Why 54? Because they believe it's possible to shoot a 54 (making a birdie on every hole of a par-72 course) if you have the right mind-set and well-honed intuitive power. An engaging read for the beginner or the seasoned golfer, *Every Shot Must Have a Purpose* is inspiration for life, not just the links.

Book Information

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Customer Reviews

This book is a must read for anyone trying to improve their game. Hitting balls endlessly on a driving range will, as the authors explain, only make you more proficient on the range. To truly improve on the course, you need to develop the proper mindset in the way you approach the game. It was a revelation to me to figure out what it was I liked most about playing this game. Sure, I always wanted to beat my best score, but when I really thought about the most enjoyable rounds I've ever had, they were when I was striking the ball precisely the way I wanted to; the score was almost inconsequential. I used the principles in this book in my very next round and it worked. I started off with two double bogeys and instead of getting frustrated I focused instead on scoring my fairways hit, up-and-downs, etc. before I knew it I was making key shots and not thinking about it. I ended up shooting 43-39, not bad for such a rough start. I would observe that Jordan Spieth uses some of the techniques in this method, such as looking at the hole while putting, and talking about what he is going to do before a shot. His incredible maturity suggests that he utilizes several of these concepts in his game, including having a game 54 mindset. In short, this book will help your approach to golf as well as to your life. Get it and see for yourself.

Although relatively simple as far as golf improvement books, this one worked very well for my wife and me. We play golf together several times per week. Quite frequently it can be pretty easy to get discouraged. Sometimes it seems challenging enough to simply get the ball moving in the direction of the pin, but in actuality the book's title says it perfectly. Additionally, many of the drills and mind games make so much sense. Many of us have a decent basic swing. We will however never, ever, challenge for a club plackard, or get our name in lights, but in the end we all have the same goal: Get the ball in the hole. And in order to do that, every single shot must have a purpose.

A friend lent me her copy of this book after watching me suffering on the golf course. I have a lot of good shots on the course but hadn't done a good job of putting them all together at the right time to score well. After reading it I played a very tough course on a very windy day and the thing was, I wasn't rattled and stayed much more focused and at the end of the day I parred the last three holes in a row! So rare for me to do that in the past. After that I decided to buy my own copy and am marking the book all up so I remember more of the points. So many good tips but mostly it's helped me think right at the right time and play right at the right time. Golf is more fun now. Get it, these are

principles that every golfer can benefit from.

If you look at my bookcase, I have about 6 running feet of golf books. 99% of them are how-to books: how to hit the ball this way and that way. This book has nothing to do with how you hit the ball, yet it has everything to do with how you approach each shot you hit. Unless you approach the game with the right mental clubs, you will never reach your full potential. This book takes you from being someone who hits golf balls, to someone who is a golfer. Big wake-up call for my game. One of the few books I re-read all the time. I bought this book used, and paid less than a 3-pack of Pro V-1's. It has given my game back more than any ball or club. Buy it.

Good book. Good instruction.

great book download

Gold is used as a carrier, as it is their business. However the focus, attention, purpose, and clarity described in the book is applicable in every day life! The value of the process and the clarity in which it is written, made me give this book a 5-Star rating. Fortunately it is not one of these typical self-help books and otherwise would have rated it with even more stars. Will use the 54 focus on more things than just golf going forward and will regularly peak in the book again to make the process part of my body and my mind. Great job.

By using these techniques I have regained my course confidence. This book gives you tools to help your brain perform better on the course as I've learned that it's been the brain that causes my playing failures more than my swing. No fear...

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